Working with Latina Women Who have been Exposed to Domestic Violence

Vanessa Berens
New Mexico State University

“Latina women reflect a multidimensionality and multicultural roots that are in a constant state of translations, existing in the interstices of language, gender, cultures, and ethnicities”

Hernandez-Trujol, 2001, P. 122

Goals
• Explore the needs of the Latina population exposed to domestic violence
• Focus on ethnic identity, cultural variables, domestic violence services, and the community
• Creating a training program

Research Questions
• How do cultural variables affect the way a Latina woman receives domestic violence services?
• What can domestic violence shelters do to provide more culturally sensitive services to ensure Latina women are provided with the resources to choose the direction they want to follow?

Latino Critical Theory (LatCrit)
Hernandez-Trujol, 1999; Solorzano, D. G., & Yosso, T. J., 2001
• Examines the ways in which race and racism explicitly and implicitly impact process and experience
• Explores the Latina experience by looking through the lenses of culture
• Helps recognize, embrace, and articulate the multiplicity of Latina’s identities

Literature Review
• Domestic violence is indiscriminate; shelter workers need to meet the needs of the diverse women
• Latino population is on the rise; therefore more culturally sensitive programs are needed
• Experience with racism has been shown to hinder Latina women from trusting institutions
• Workers need to have a basic understanding of the Latino cultural background, as well as their own, to be able to become competent service providers
Common Values among Latino Groups

Research Design

- Qualitative research study
- LatCrit theoretical foundation
- Semi-structured interviews

Data Collection Procedures

- Interviews were voice recorded
- Moderator notes were taken and reviewed by both interviewers
- Participants provided a reflection entry the following day
- Follow-up interview conducted 3 days later

Data Analysis

- The interviews were transcribed verbatim
- The researcher and research assistant listened to the recordings and made any needed corrections to the transcripts
- Data analysis proceeded using these written transcripts, reflection papers, and field notes made by the researcher at the time of the interview
- Transcripts were coded according to themes related to the specific research questions
- Each transcript, process notes, and follow-up reflections were read and coded by the researcher and the research assistant

Method of Soundness

- Three coworkers discussed implications and goals of the research project, came up with the research questions, and outlined the structure of data collection
- I discussed my subjectivities from my prior experience and the preconceived expectations of the results
- Created and discussed reflections with research assistant
- Participants created reflection paper
- Followed up with the participants in an informal interview
- Classmates processed through data, codes, and themes
Role as a Researcher:
Kasturirangan, A., & Williams, E. N., 2003

- Translating the Latina women’s experiences
- Facilitate the individual interviews
- Understanding my white, middle class, educated, privileged background; which could hinder the women's ability to fully disclose information in regards to their cultural experiences
- My role is to be aware of my differences and otherness; while working to cater to rapport building opportunities
- My role as an employee of the domestic violence shelter
- I plan on giving back to the shelter by providing focus groups to non-residential women who have been exposed to domestic violence and providing training to shelter staff

Theme: Cultural Values and Traditions

- **Respect** - Bella
  “We have a lot of respect, respect goes a long way in our family, you know, honor your mother and father regardless of how they treat you, love them, you know, just respect to the utmost. They are your mother and father and same thing for your grandparents, same things for your siblings, aunts and uncles, you give them the utmost respect.”

Theme: Cultural Values and Traditions

- **Avoiding Disrespect** - Josie
  Discussed that there is a throat clearing process where a person “clears their throat, straightens their neck, and straightens their back. You straighten up and kind of regroup in a second, but it pretty much means lets go forward.” She explained that she and her family will do that if they are offended rather then confront or disrespect the person.

Theme: Gender Roles

- Both women follow traditional gender roles.
- “Bella” believes that “a male role would be to, he would be the protector, he would be the provider, he would be someone to lean on, because a woman is not always, a woman was not made like a man was. A man’s role would also be a father and successful.”
- “Josie” explains her view as “he should lift all of the heavy stuff, he should work hard, and then be able to come home and do whatever he wants to”. “Josie” stated that she is raising her son to be “the dominant one” and explains that this will make him “a good husband, but a difficult son.”

Theme: The Shelter

- **“Bella”**
  Liked the counseling, being around others that are in the same situation as her, and having friends. Disliked the conflicts between the women, unsupervised children, and mean and unmotivated caseworkers and RA’s (residential assistants). Needs more community resources, child care, new beds, new carpets, mandatory groups, parenting groups, and loving workers.

- **“Josie”**
  Liked that she felt welcomed and loved, the rules that everyone follows, and that people listened to her. Disliked being told what to do when she was in a hurry. Needs of the shelter are realistic transitional plans, access to their own food, community resources, mandatory groups, transportation, and caseworkers with more time.
Implications

• Latina women can be marginalized within and outside the Latino community
• Help the Latina women recognize their multiple identities and how oppression plays a role
• Understanding the worldview of an individual Latina woman and providing individualized, culturally appropriate services
• Provide more concrete and socially relevant transitional plans

References